



PART 2: They Will Be Comforted



CONVERSATION GUIDE

In the Beatitudes, Jesus reveals profound principles that show us how to live truly blessed. The Scriptures in **Matthew 5:4** do not refer only to pain from earthly losses or suffering, but, in a deeper sense, to mourning over sin: recognizing that our condition separates us from God and that we need His forgiveness.

Today's theme, **They Will Be Comforted**, reminds us that genuine sorrow for our sin opens the door to the comfort and forgiveness of Christ. In the series **A Blessed Life**, we learn that true happiness is not found in ignoring our guilt, but in acknowledging it and turning to the Savior who restores.

One day as he saw the crowds gathering, Jesus went up on the mountainside and sat down. His disciples gathered around him, and he began to teach them (...) "God blesses those who mourn, for they will be comforted."

Matthew 5:1-2, 4 (NLT)

TALK ABOUT IT

1. What kind of mourning do you think Jesus is describing in this passage?
2. How does recognizing and grieving over our sin open us to receive God's comfort?
3. What is the difference between feeling guilt and experiencing true repentance?

4. Read aloud **2 Corinthians 7:10 (NIV)**: “*Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death.*” How do you understand the difference between godly sorrow and worldly sorrow?
5. Have you personally experienced God’s comfort after sincere repentance?

If I don’t see myself as a sinner, I won’t recognize my need for a Savior.

MAKE IT PRACTICAL

- Take a moment this week to pray and ask the Holy Spirit to reveal areas of sin in your life you may be overlooking.
- Write a personal prayer of repentance in a notebook or on a piece of paper, and offer it to God as an act of faith.
- As you read a psalm of repentance (for example, **Psalm 51**), turn it into your own personal prayer, putting your words into the verses.

PRAYER

“Lord, I acknowledge that many times I minimize or ignore my sin. Forgive me and teach me to mourn over what grieves you. Thank you that in your grace I find forgiveness and in your love I find comfort. Help me live each day depending on your mercy. Amen.”

TIPS

- Don’t rush to “move on” when God confronts you—stay there, and let that sorrow draw you closer to Him.
- Don’t confuse condemnation with repentance: condemnation paralyzes, but repentance produces life.
- God’s comfort can also come through other believers—allow someone to walk with you in your process instead of isolating yourself.



Video: Matthew 5:4

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