



Part 3: Blessed Are the Meek



SMALL GROUPS



CONVERSATION GUIDE

The series ***A Blessed Life*** reminds us that true fullness doesn't come from achievements or forcing our way through life, but from living under the principles of God's Kingdom. Jesus redefines what it means to be blessed: victory is not found in strength or power, but in surrender to God and walking in His righteousness.

In ***Matthew 5:1-5***, Jesus declares: "Blessed are the meek, for they shall inherit the earth." Meekness is not weakness; it is strength under control. It is surrendering our ambitions and trusting God's plans. In a world that exalts self-sufficiency and hardness, Jesus reminds us that true victory in the Kingdom comes through surrender, humility, and trust in Him.

Seeing the crowds, he went up on the mountain, and when he sat down, his disciples came to him. And he opened his mouth and taught them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven. "Blessed are those who mourn, for they shall be comforted. "Blessed are the meek, for they shall inherit the earth".

Matthew 5:1-5 (ESV)



TALK ABOUT IT

1. What do you understand by "meekness"? How is it different from weakness?
2. What does this passage teach you about the kind of character God wants to form in us as His children?

3. **Psalm 37:11 (NLT)** says: *“The lowly will possess the land and will live in peace and prosperity.”* How does this verse connect with the promise in **Matthew 5:5**?
4. In what practical ways can we demonstrate meekness at work, in our family, or in our community?
5. Why do you think victory in the Kingdom is not achieved by force but through surrender to God?

Victory in the Kingdom comes through surrender, not force.

MAKE IT PRACTICAL

- This week, identify a situation where you would normally react with anger, pride, or control. Pray before responding and practice meekness.
- Take daily time to surrender your plans and worries to God. Write them down in prayer and give each area of your life over to His direction.
- Do an intentional act of humble service toward someone who does not expect it, reflecting the character of Christ.

PRAYER

“Lord Jesus, thank You for teaching us that true blessing is found in surrendering to You. Help us live with meekness, trusting in Your justice and Your promises. Transform our character to reflect Your humility and give us the strength to live for Your approval alone and not for the world’s. Amen.”

TIPS

- Remember: meekness does not mean passivity, but exercising self-control under the guidance of the Holy Spirit.
- Don’t measure blessing by what the world calls success, but by the peace and inheritance God promises.
- Surrender your life to God daily. True victory is not found in winning arguments or imposing your will, but in fully trusting Him.



FRESH START

bridgecitymd.com/freshstart/

