



## Part 4: Full Satisfaction



### CONVERSATION GUIDE

In our series *A Blessed Life*, we learn that true fulfillment is not found in wealth, achievements, or the experiences of this world, but in a life surrendered to Christ. In the Sermon on the Mount, Jesus reveals the path to a truly blessed life: a life that recognizes its need for God, seeks His righteousness, and learns to depend on Him in everything.

In *Matthew 5:1-6*, Jesus declares that those who hunger and thirst for righteousness will be satisfied. This hunger is not for just any kind of righteousness, but for the true righteousness that is only found in Christ. When we try to fill ourselves with other things, our hearts remain empty; but when we are filled with God, we find complete satisfaction. This satisfaction stays alive as we live in justification (Christ makes me new), sanctification (Christ transforms me each day), and community (Christ also satisfies me in my relationship with other believers).

**Seeing the crowds, he went up on the mountain, and when he sat down, his disciples came to him. And he opened his mouth and taught them, saying: "Blessed are those who hunger and thirst for righteousness, for they shall be satisfied."**

**Matthew 5:1-2, 6 (ESV)**

### TALK ABOUT IT

1. What does it mean to "hunger and thirst for righteousness" according to Jesus?
2. Why do you think true righteousness is found only in Christ and not in our own merits?

3. **Ecclesiastes 12:13–14 (NLT)** says: *“That’s the whole story. Here now is my final conclusion: Fear God and obey his commands, for this is everyone’s duty. God will judge us for everything we do, including every secret thing, whether good or bad.”* How does this passage connect with Jesus’ call to seek His righteousness?

4. What things do you tend to pursue to fill your soul that ultimately do not satisfy?

## The answer to an unsatisfied soul is being filled with more of God.



### MAKE IT PRACTICAL

- This week, take time to reflect on the areas of your life where you seek satisfaction outside of Christ. Write them down and surrender them in prayer.
- Remind yourself daily: “Christ makes me new, Christ transforms me, and Christ also satisfies me in community.” Repeat this truth as a reminder of your identity in Him.
- Look for an opportunity to share your faith or encourage another believer, practicing community as part of your hunger for God.



### PRAYER

“Heavenly Father, I recognize that many times I have tried to fill my heart with things that can never satisfy me. Today I declare that only in You do I find righteousness and complete satisfaction. I ask You to renew my hunger for You, to transform me each day, and to help me live in community with other believers. Remind me that true fulfillment is found in Christ alone. Amen.”



### TIPS

- When you feel empty or unsatisfied, remember: what you need is not more of the world, but more of God.
- Don’t forget that true righteousness is not found in your achievements, but in Christ, who makes you new and sustains you each day



## Video: Matthew 5:6

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