



Part 5: Activate Your Armor

August 30, 2026



CONVERSATION GUIDE



SMALL GROUPS

Throughout our journey in *"Because You Prayed"*, we have learned that prayer transforms the way we approach God, walk through pain, and surrender our will. Now we discover that prayer also plays an essential role in our spiritual battles. God has provided everything we need to stand firm; He calls us to face spiritual opposition in His strength, not our own.

In ***Ephesians 6:13–18***, Paul urges us to put on the full armor of God and connects this instruction with a life of continual prayer. Prayer does not replace truth, righteousness, faith, salvation, or the Word of God; it keeps us dependent on Him as we live according to everything He has given us. To pray is to recognize that our spiritual strength and authority do not come from ourselves, but from God and His power.

Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm. Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere.

Ephesians 6:13, 18 (NLT)



LET'S TALK ABOUT IT

1. As you read ***Ephesians 6:13, 18***, what connection do you see between being prepared to stand firm spiritually and maintaining a consistent life of prayer? What does this teach you about our dependence on God?
2. ***2 Corinthians 10:4 (NIV)*** shows us that the weapons we fight with are not human weapons, but have divine power. Can you think of a time when you tried to face a spiritual battle without activating your armor through prayer?

3. What usually keeps you from fighting your spiritual battles through prayer: distraction, self-reliance, doubt, or something else?

Prayer is not just another piece of the armor; it is the engine that activates all the rest.

MAKE IT PRACTICAL

This week, activate your armor:

1. **SUIT UP — Put on the armor.** Before you begin each day, identify an area where you need to stand firm and pray a simple prayer: "Lord, today I clothe myself in You. Your truth, Your righteousness, Your peace to face this situation."
2. **UNSHEATHE — Pull out your sword.** Choose a truth from God's Word that relates to a battle you are facing. Write it down, read it every day, and use it to evaluate the thoughts guiding your decisions.
3. **PRAY — With authority and humility.** Don't save prayer for when you are in trouble. Pray every day, out loud, and from the victory of Christ. Pray with confidence in His power while remaining humble enough to follow His direction.

PRAYER

"Lord, thank You for not leaving us defenseless in the battles we face. Thank You that our strength comes from You and not from ourselves. Help us stand firm, use what You have given us, and remain in prayer as we depend on Your power. This week, teach us to respond to every battle with confidence, humility, and obedience. Amen."

TIPS

- **Stay alert and prepared.** Someone who activates their spiritual armor does not react impulsively when difficulties arise; they learn to recognize the battle and respond with truth, prayer, and dependence on God.
- **Don't get discouraged if you face resistance this week.** Difficulties do not necessarily mean you are moving backward. Keep seeking God, stand firm, and allow prayer to redirect your attention toward Him.
- **Remember where you are fighting from.** The battle belongs to God. When you pray, you are not fighting to achieve victory in your own strength; you are standing in the victory of Christ.



WATER BAPTISM
SUNDAY, SEPTEMBER 20TH

bridgecitymd.churchcenter.com/registrations/events/1366507

