

SIMPLIFY

THE ART OF DECLUTTERING THE SOUL



Part 2: The Idolatry of More

September 20, 2026



CONVERSATION GUIDE



SMALL GROUPS

Last week, we discovered that simplifying isn't just about removing things from our lives, but about making room for what truly matters. This week, we confront the idea that just a little "more" will finally make us feel satisfied. More money, stuff, achievements, or recognition may seem like the answer, but when our satisfaction depends on getting the next thing, we will never feel like we have enough.

In **Ecclesiastes 2**, Solomon describes how he accumulated wealth, possessions, and pleasures. Yet, when he considered everything he had gained and all the effort he had put into it, he concluded that none of it could give him the meaning he was looking for. The problem isn't enjoying good things, but expecting them to fill the place that only God can fill.

I amassed silver and gold for myself, and the treasure of kings and provinces. I acquired male and female singers, and a harem as well—the delights of a man's heart. I became greater by far than anyone in Jerusalem before me... Yet when I surveyed all that my hands had done and what I had toiled to achieve, everything was meaningless, a chasing after the wind; nothing was gained under the sun.

Ecclesiastes 2:8-9a, 11 (NIV)



LET'S TALK ABOUT IT

1. Solomon concluded that everything he had gained could not give him the meaning he was looking for. What does his experience teach us about the ability of possessions, achievements, or pleasure to satisfy our desires?

2. In light of Jesus' warning in **Luke 12:15**, when have you discovered that having more of something didn't bring the satisfaction you expected?
3. When can the desire to grow, improve, or achieve something become a constant pursuit of "more"? How can we recognize when what we already have is enough?

'More' will never be enough, because only God is.

MAKE IT PRACTICAL

This week, let's break the idol of "more":

1. **Thank God for today's "enough."** Each day, identify three things you already have and thank God for them before thinking about what you still want.
2. **Set a limit, and call it good.** Choose one area where you tend to seek more and set a specific limit. When you reach it, choose to say, "This is enough."
3. **Choose the "one thing" before the "many things."** Identify something that is unnecessarily taking up your attention and give it less space. Use that time to pray, read God's Word, or simply be with Jesus.

PRAYER

"Lord, thank You for everything You have already placed in our hands. Help us recognize when we look to things, achievements, or experiences for the satisfaction that only You can give us. Teach us to live with gratitude, set healthy limits, and choose what truly matters. Help us find our enough in You. Amen."

TIPS

- **Learn to choose before you accumulate.** A life focused on the "one thing" knows how to say no to good options when they begin to crowd out what matters most.
- **You don't have to change everything this week.** One healthy limit or intentional decision can begin to change how you define what is enough.
- **Breaking the idol of "more"** isn't simply learning to live with less; it's letting go of the expectation that earthly things can fulfill us. It's not just about having less. It's about choosing Someone.



CHILD DEDICATION

<https://bridgecitymd.churchcenter.com/registrations/events/1400589>

