

### **THE RIGHT INGREDIENTS**

PART II: I LOVE YOU, BUT THERE ARE DAYS...

**Matthew 18:15–17 (NIV).** "If your brother or sister sins, go and point out their fault, just between the two of you. If they listen to you, you have won them over. But if they will not listen, take one or two others along, so that 'every matter may be established by the testimony of two or three witnesses.' If they still refuse to listen, tell it to the church; and if they refuse to listen even to the church, treat them as you would a pagan or a tax collector.

#### How we navigate conflicts will determine:

- How much grace we received from God Hebrews 12:14-15
- How many promises of God we enjoy Numbers 20:12
- How much of God's <u>ear</u> we have 1 Peter 3:7

**REMEMBER:** Resolving conflicts God's way always attracts God's blessing.

**Psalm 133:1-3 (NLT).** How wonderful and pleasant it is when brothers live together in harmony! For harmony is as precious as the anointing oil that was poured over Aaron's head, that ran down his beard and onto the border of his robe. Harmony is as refreshing as the dew from Mount Hermon that falls on the mountains of Zion. And <u>there</u> the Lord has pronounced his blessing, even life everlasting.

#### ALL HEALTHY CONFLICT:

### **1. HAS A [TIME].**

Matthew 18:15 (NLT). "If your brother or sister sins, go and point out their fault, just between the two of you

**Ephesians 4:26–27 (NLT).** And "don't sin by letting anger control you." Don't let the sun go down while you are still angry, for anger gives a foothold to the devil.

"If you get angry, do not let it cause you to sin. Your anger must not last all day, nor must you give the devil an opportunity to tempt you."

**Romans 12:17–18 (NLT).** Never pay back evil with more evil. Do things in such a way that everyone can see you are honorable. Do all that you can to live in peace with everyone...

Avoiding conflict is like ignoring a crack in the foundation: it only gets worse as time goes on.

# 2. HAS A [TONE].

**Ephesians 4:30-32 (NLT).** And do not bring sorrow to God's Holy Spirit by the way you live...Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.

**Proverbs 15:1 (NIV).** A gentle answer turns away wrath, but a harsh word stirs up anger.

## 3. HAS [WORK].

James 1:19-20 (NLT). Understand this, my dear brothers and sisters: You must all be <u>quick to listen, slow to speak</u>, and slow to get angry. Human anger does not produce the righteousness God desires...

**Ecclesiastes 7:9 (NLT).** Control your temper, for anger labels you a fool.

