



The Right Ingredients

Making Relationships Work

Bridge City
CHURCH

3/9/2025

THE RIGHT INGREDIENTS

PART IV: SEASONING OUR COMMUNICATION

Colossians 4:6 (NIV). *Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.*

Many relationships fail, not because of lack of love, but because of lack of healthy communication.

RECUERDA: Healthy communication leads to healthy relationships.

In every conversation we have, the transfer of words is an opportunity to speak life or to sow destruction in our relationships.

Proverbs 18:21 (NLT). *The tongue can bring death or life; those who love to talk will reap the consequences.*

Luke 6:45 (NIV). *A good man brings good things out of the good stored up in his heart, and an evil man brings evil things out of the evil stored up in his heart. For the mouth speaks what the heart is full of.*

Ephesians 4:29 (NTV). *Don't use foul or abusive language. Let everything you say be good and helpful, so that your words will be an encouragement to those who hear them.*

I DECIDE TO SEASON MY COMMUNICATION WHEN I:

1. SPEAK CLEARLY

1 Corinthians 14:9 (NIV). *It's the same for you. If you speak to people in words they don't understand, how will they know what you are saying? You might as well be talking into empty space.*

2. LISTEN CAREFULLY

James 1:19 (NLT). *Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry.*

Proverbs 18:13(ERV). *Let people finish speaking before you try to answer them. That way you will not embarrass yourself and look foolish.*

Listening attentively is synonymous with saying “I care about you; I am here to listen to you”

3. CHEER CONSTANTLY

Proverbs 16:24 (NIV). *Gracious words are a honeycomb, sweet to the soul and healing to the bones.*

Proverbs 12:25 (NLT). *Worry weighs a person down; an encouraging word cheers a person up.*

1 Thessalonians 5:11 (NLT). *So, encourage each other and build each other up, just as you are already doing.*



FRESH START

How do I begin my new life in Jesus?

www.bridgcitymd.com/freshstart



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